

What is a plan year?

July 1 - June 30

- Benefits elections in effect including medical, dental, prescription plans as well as voluntary vision, health care and dependent care flexible spending accounts
- Limitations outlined within your medical plan, such as the maximum number of therapy visits

January 1 - December 31

- Limitations outlined within your dental plan, such as frequency of routine exams and x-rays

NOTE: If your contract term begins on September 1 rather than July 1, some benefits (i.e. vision reimbursement) become available with the effective date of the new CBA.