



RADNOR TOWNSHIP SCHOOL DISTRICT
Course Overview



Course Name 6th Grade Health

General Information

Credits: N/A
Weighted: N/A
Prerequisite: N/A

Length: Half Year
Format: Meets every other day
Grade: 6th

Course Description

The 6th grade Health curriculum is based on teaching students the major concepts of health. Safety, injury prevention, bullying, Fitness, Nutrition, and making healthy decisions are important to ones total health. We believe that these units will teach our students how to maintain a healthy lifestyle.

Course Objectives:

The Purpose of this course is to promote healthy living. By the end of this course, students will have knowledge of topics that are crucial to their health. Students can apply their knowledge through daily decision making that will impact their Mental, Social, and Physical Health in a positive way.

Common Assessments:

Chapter Test, Class discussions, presentations (individual and group), section quizzes and projects.

Major Units of Study:

Making Healthy Decisions
Factors that Influence your Health
Mental Health
Drugs, Alcohol, and Tobacco
Fitness and Nutrition (Body Systems)

Materials & Texts

Health and Wellness (Macmillan/McGraw-Hill)
Bill Nye-Body Systems
www.unitedstreaming.com
www.cdc.org