

CAMP CANADENSIS: 5TH GRADE ENVIRONMENTAL EDUCATIONAL TRIP



MAY 17TH, 18TH, 19TH
2023



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The facilities of Camp Canadensis include

- ✚ Lake Lenape, a 75-acre, private lake for fishing, boating, canoeing, and kayaking.
- ✚ 13 miles of scenic hiking trails that are conducive for forest studies and wildlife studies.
- ✚ a sensory trail running through the forest.
- ✚ athletic fields for football, soccer, and softball.
- ✚ outdoor swimming pool.
- ✚ 2 covered pavilions for rainy day lessons or activities.
- ✚ 3 recreation halls; the main hall has a stage and seating for over 400.
- ✚ 1 climbing walls with 4 faces.
- ✚ both a low ropes and high ropes confidence course.
(We will use the low ropes course.)
- ✚ 14 all-weather tennis courts.
- ✚ all weather courts for basketball and volleyball (2 sand volleyball courts).
- ✚ An outdoor amphitheater with seating for over 800.

Click [Here](#) for a Virtual Tour of Camp

The temperature at Camp Canadensis at the end of May should be in the 70's with nighttime temperatures dropping to the high 50's to mid-60's. If the weather is cloudy or damp, the temperatures could stay in the 60's. Be sure to bring long pants and sweatshirts or sweaters for temperature drops.

Click [HERE](#) for Candensis weather





DIRECTIONS TO CAMP CANDENSIS

**199 Camp Canadensis Rd.
Canadensis, PA 18325-7821
484-674-1941 or 570-595-7461**

From the Main Line & Philadelphia

- * Take I-476 North (Northeast Extension) to the Lehigh Valley exit (exit #56, Allentown).
- * Take US 22 East to PA 33 North to I-80 West. Exit at Scotrun (#298).
- * Turn left onto 611 North and Follow for 3.3 miles.
- * Turn right at the light on to Woodland Road.
- * Follow the road until it dead ends at a stop sign.
- * Turn left onto Carlton Road.
- * Follow the road to the bottom of the hill and turn right onto 940 East.
- * Follow for approximately 200 yards and bear left onto PA 390 North.
- * Follow into the town of Canadensis.
- * Turn right at the traffic light onto Route 447 South.
- * Follow for 200 yards and turn left onto Upper Seese Hill Road.
- * Follow for approximately 1.5 miles.
- * Bear left at the fork onto Lake Road and continue for approximately 2 miles until you see the camp sign.
- * Turn left and follow the road into camp.

Total travel estimate: 112.28 miles – approx. 2 hours 4 minutes

GPS Directions:

If you would like to use a GPS for directions to camp, please use the following address and then follow signs to Camp Canadensis. Note: This is NOT the camp address:

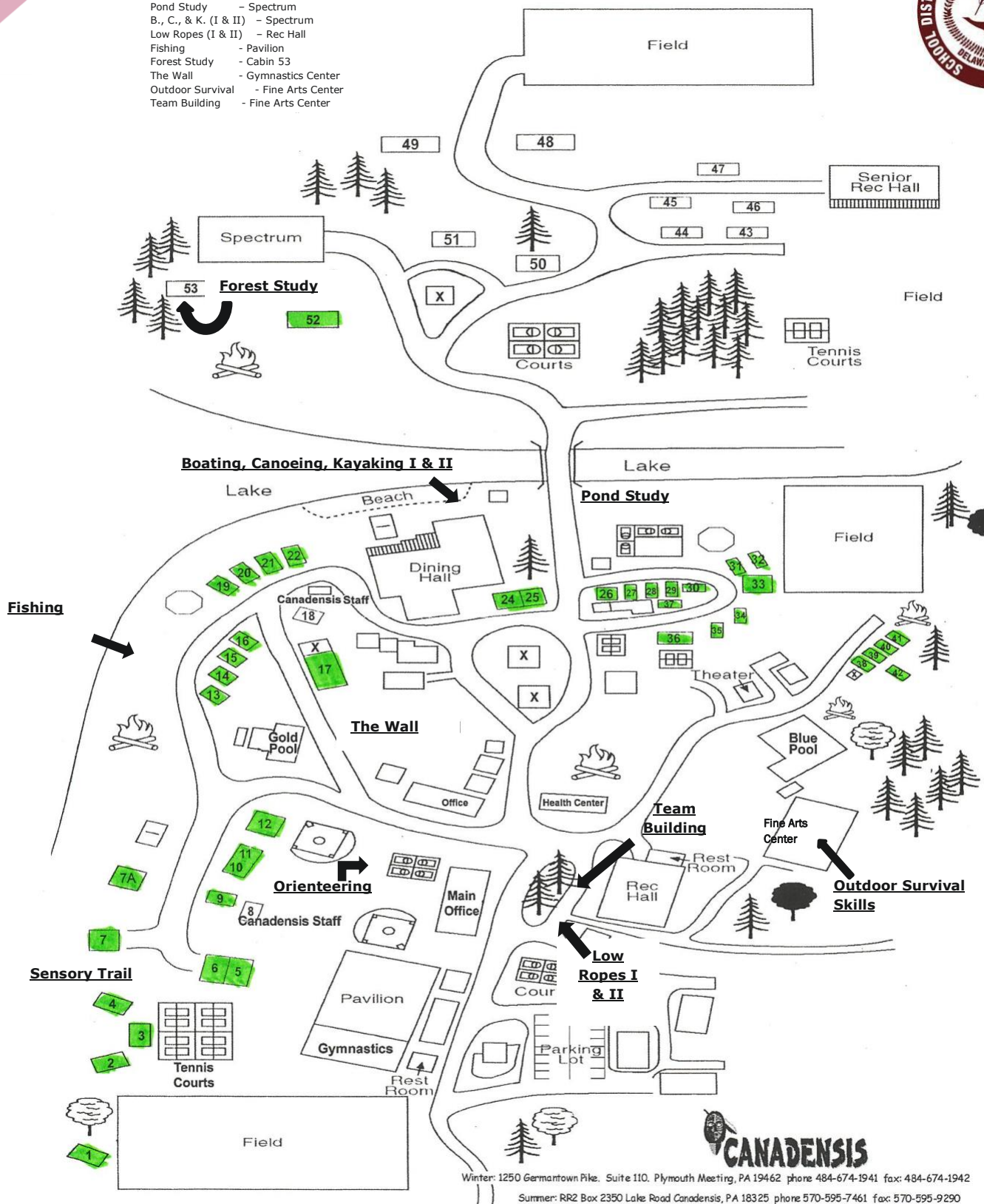
1 Upper Seese Hill Road
Barrett Township, PA 18325

CLICK ON LOGO FOR ONLINE DIRECTIONS



**Rainy Day Lesson Locations
(for thunder & lightning)**

- Sensory Trail - Pavilion
- Pond Study - Spectrum
- B., C., & K. (I & II) - Spectrum
- Low Ropes (I & II) - Rec Hall
- Fishing - Pavilion
- Forest Study - Cabin 53
- The Wall - Gymnastics Center
- Outdoor Survival - Fine Arts Center
- Team Building - Fine Arts Center





PACKING LIST

FIFTH GRADE ENVIRONMENTAL EDUCATION EXPERIENCE AT

CAMP CANADENSIS

(Check off items as you put them in your bags.)

<u>Packed at Home</u>	<u>Items</u>	<u>Packed at Camp</u>
	Sleeping bag, blanket and twin fitted sheet	
	Pillow and pillowcase	
	2 bath towels and one beach towel	
	2 wash cloths	
	Toothbrush and toothpaste	
	Soap (and small plastic bag to keep it in)	
	Small bottle of shampoo	
	Deodorant	
	Comb or brush	
	Pocket-size tissue packs (1 or 2)	
	Suntan lotion (30 or higher SPF)	
	Lip balm (for chapped or sunburned lips)	
	Bug repellent	
	Pajamas or t-shirt & gym shorts	
	Bathrobe (optional)	
	Flip-flops or rubber shower shoes	
	Underwear (4 changes)	
	3 pair of shorts	
	3 pair of long pants	
	5 t-shirts or blouses (no spaghetti straps, tube tops or low-cut tank tops)	
	5 pair of socks	
	Sturdy footwear: sneakers or hiking shoes	
	Extra sneakers/waterproof boots in case shoes get wet	
	2 jackets or sweatshirts or sweaters	
	Baseball hat or another hat with brim	
	Drawstring bag/cinch bag	
	Poncho or raincoat/jacket with hood	
	Bathing suit (one piece is recommended) to wear during canoeing, kayaking, or swimming	
	2 or 3 plastic trash bags for wet clothes	
	Water bottle that can be refilled	
	Flashlight	
	Chapter book to read	
	Name written or tagged to all items	

NOTE: Items should be packed into one suitcase or large gym or tote bag, preferably one with wheels. Sleeping bag and pillow should be packed in another bag.
Children will be required to carry their two bags to and from their cabins.



THINGS NOT TO BE PACKED FOR CAMP!!! (For Students)

Gum, food, candy, beverages (snacks will be provided)

Electronic items: No electronic devices (i.e., cell phones, i-Pads, gaming equipment, etc.)

Hair dryers and curling iron

Swiss Army or Pocketknives

Make-up

Money (There is no camp store at Canadensis)

Collectible cards

Rafts or pool toys

Jewelry (watches and earrings without hoops are permitted)

Dress clothes

Cameras (Staff and parents will be taking lots of pictures)

Sports Equipment- All needed equipment will be provided



CAMP RULES & REGULATIONS



The Do's

- ... wear name tag at all times!
- ... use a "buddy system" at all times (when going to bathrooms or medical cabin)
- ... be responsible for keeping bunk and area around it in good order.
- ... keep shower and toilet facilities neat and clean.
- ... be on time for all lessons, meals, and activities on your schedule.
- ... arrive 5 minutes early for meals.
- ... stay in assigned learning group at all times. Attendance will be taken.
- ... stay in your cabin after "lights out." Any student not following this regulation could be sent home.
- ... stay a safe distance from the ponds and swimming pools.
- ... wear shoes at all times. No bare feet!

The Do Not's

- ... DO NOT leave the camp area unless in a supervised group.
- ... DO NOT go into cabins without an adult supervisor.
- ... DO NOT take food or beverages to your cabin.
- ... DO NOT litter.
- ... DO NOT climb any trees.
- ... DO NOT eat or taste any plants, berries, etc.
- ... DO NOT pick or destroy any plants, flowers, etc.

If you do not follow the above listed DO's and DO NOT's, you run the risk of being sent home!



CAMP STAFF AND TEACHING ASSIGNMENTS

FIFTH GRADE ENVIRONMENTAL EDUCATION TRIP TO CAMP CANADENSIS 2023

Camp Directors Dr. Boylan, Dr. Young, Mrs. Ferguson, Mr. Wagner, Mr. Thomas, Dr. Dutkiewicz

Camp Assistant Directors Mr. Miller, Mr. Nowak, Mr. Tracy

Camp Medical Staff Mrs. Murray, Mrs. Hopkins

Lessons

Teachers

Sensory Trail	Ms. E Glancy	Mr. B Hirt
Pond Study	Mrs. B Doyle	Mrs. A Hood
Boating, Kayaking, Canoeing (1)	Ms. E Borine	Camp Staff
Boating, Kayaking, Canoeing (2)	Mrs. L Guiseppe	Camp Staff
Low Ropes Confidence Course (1)	Ms.C Malatak	Camp Staff
Low Ropes Confidence Course (2)	Mr. P Carson	Camp Staff
Fishing	Mr. R Fry	Mr. Z Alex, Mrs. A Piechotta
Wildlife/Forest Study/Hike	Mrs. J Havertine	Mr. L Sabusky
Rock Climbing "The Wall"	Mrs. C Jones	Camp Staff
Outdoor Survival Skills	Mr. C McVoy	Ms. M Willans
Orienteering	Mr. A Mancini	Mr. T Serpico
Team Building	Mr. P Foley	Mr. R Goldstein



SCHEDULE

FIFTH GRADERS AT CAMP CANADENSIS

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Wednesday, May 17th Schedule

7:45 a.m.	Students arrive at school to load and board buses.
8:00 a.m.	Buses depart from school.
10:15 a.m.	Buses arrive at Camp Canadensis; students stay on buses until parents and staff unload buses. Then, students get off buses, locate gear, take it to cabins and unpack if time. Refer to cabin lists in separate packet. Everyone must be on the deck behind the Dining Hall by 10:50 a.m.
10:50 a.m.	Camp Orientation Program on deck behind Dining Hall.
11:20 a.m.	Lunch in Dining Hall. Table numbers are the same as cabin numbers. All students will sit at assigned tables indicated by numbers on tables. Parents and staff will go through serving lines first. Students will be directed to one of the two serving lines. They may go back for seconds after everyone has been through one of the lines. Everyone is expected to clean up his/her table area after each meal. Everyone is to remain seated after the meal until excused. Announcements will be made before students are excused. Two students from each table are expected to stay for 2-3 extra minutes and clear table of pitchers and condiments. Parents are responsible for assigning students on a rotating basis. Parent sign-up sheets for recreation time will be available during mealtime.
12:05 p.m.	If necessary, return to cabins for sunscreen, insect repellent, hats, or gear.
12:10 p.m.	Meet in front of dining hall and look for number of your learning group. A parent supervisor will be holding it up. Parents must take attendance before walking group to lesson area.
12:20 p.m.	1st Lesson in assigned learning groups. Refer to learning group grid. Students must be on time for all lessons. Classes will not start until all students are present or accounted for. Teachers will confirm presence of students with parents for all lessons.
1:20 p.m.	Move to next lesson with parent supervisors.
1:30 p.m.	2nd Lesson in assigned learning groups. Refer to learning group grid.
2:30 p.m.	Move to next lesson with parent supervisors.
2:40 p.m.	3rd Lesson in assigned learning groups. Refer to learning group grid.



Wednesday, May 17th Schedule- Continued

3:40 p.m.	Move to next lesson with parent supervisors.
3:50 p.m.	4th Lesson in assigned learning groups. Refer to learning group grid.
4:50 p.m.	Cabin time. Wash up, quiet time/rest time, read chapter book. Students must stay in cabins or sit outside on steps or decks. No students are permitted to run around outside during this time. This is a rest time!
5:10 p.m.	Start out for Dining Hall
5:15 p.m.	Dinner
6:15 p.m.	Recreation Time: Boating, Canoeing, Kayaking, The Wall, Swimming, Fishing, Tennis, Floor Hockey, Volleyball, Gaga Ball, Basketball, OR you may read or walk around with a buddy from your cabin. No student should be walking around camp without a buddy from his/her cabin. No students may be in cabins during Rec. Time!!!
7:45 p.m.	Snack Time at Recreation Hall. Everyone reports to Rec. Hall.
8:00 p.m.	Evening activity in Recreation Hall: games with music, OR Go to movie theater for viewing of first half of a feature film. OR BINGO in dining hall.
9:15 p.m.	Return to cabins with parent supervisors to prepare for bed.
9:45 p.m.	Lights out! No more than one student may sleep on one bunk. At this time, all students must be settled and quiet for the night. Parents are responsible for ensuring all students are adhering to these expectations. If parents need assistance, please report to the nurses' cabin.

NO ONE MAY LEAVE THE CABIN AFTER THE LIGHTS ARE OUT!

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Thursday, May 18th- Schedule

7:00 a.m.	Wake up; clean up. Straighten bunks and gear. All trash inside and outside of cabins should be picked up and disposed of in trash receptacles. Parents will inspect each cabin before going to breakfast.
7:55 a.m.	Start out for Dining Hall
8:00 a.m.	Breakfast
8:45 a.m.	If necessary, return to cabins for sunscreen, bug repellent, <u>hats</u> or gear.
8:50 a.m.	Meet in front of dining hall and look for number of your learning group. A parent supervisor will be holding it up. Parents must take attendance before walking group to lesson area.
8:55 a.m.	5th Lesson in assigned learning group. Refer to learning group grid.
9:55 a.m.	Move to next lesson with parent supervisors.
10:05 a.m.	6th Lesson in assigned learning group. Refer to learning group grid.
11:05 a.m.	Recreation Time: Boating, Canoeing, Kayaking, The Wall, Swimming, Fishing, Tennis, Floor Hockey, Volleyball, Gaga Ball, Basketball. You may read or walk around with a buddy from your cabin. No student should be walking around camp without a buddy from his/her cabin. No students may be in cabins during Rec. Time!!!
11:50 a.m.	Report to cabins and wash up for lunch.
12:00 p.m.	Start out for Dining Hall
12:10 p.m.	Lunch
1:00 p.m.	If necessary, return to cabins for sunscreen, bug repellent, hats, or gear.
1:10 p.m.	Meet in front of Dining Hall and look for number of your learning group. Parents must take attendance before walking groups to lessons.
1:15 p.m.	7th Lesson in assigned learning group. Refer to learning group grid.
2:15 p.m.	Move to next lesson with parent supervisors.

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Thursday, May 18th- Schedule Continued

2:25 p.m.	8th Lesson in assigned learning group. Refer to learning group grid.
3:25 p.m.	Move to next lesson with parent supervisors.
3:35 p.m.	9th Lesson in assigned learning group. Refer to learning group grid.
4:35 p.m.	Cabin time. Wash up, quiet time/rest time, read chapter books. Students may sit outside cabins to read!
5:10 p.m.	Start out for Dining Hall
5:15 p.m.	Dinner (Staff meets with the principals on deck after dinner.)
6:15 p.m.	Recreation Time: Boating, Canoeing, Kayaking, The Wall, Swimming, Fishing, Tennis, Floor Hockey, Volleyball, Gaga Ball, Basketball. You may read or walk around with a buddy from your cabin. No student should be walking around camp without a buddy from his/her cabin. No students may be in cabins during Rec. Time!!!
7:45 p.m.	Snack Time at Recreation Hall. Everyone reports to Rec. Hall
8:00 p.m.	Evening activities in Recreation Hall: games with music, OR Go to movie theatre for viewing of second half of feature film. OR BINGO in the dining hall.
9:15 p.m.	Return to cabins with parent supervisors to prepare for bed.
9:45 p.m.	Lights out! No more than one student may sleep in each bunk. At this time, all students must be settled and quiet for the night. Parents are responsible for ensuring all students are adhering to these expectations. If parents need assistance, please report to the nurses' cabin.

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Friday, May 19th Schedule

6:30 a.m.	Wake up! Pack gear (EXCEPT ITEMS YOU WILL NEED FOR MORNING LESSONS)! Take gear to bus loading area at 7:05. If weather is questionable, directions will be provided. Return to cabins for final clean up. (Floors must be swept, sinks, showers, toilets should be free of debris. Adults should remove RTSD lists from the wall.) Cabins will be inspected by staff. Once cabins have been inspected, no one should return to them. Toilet facilities in Rec. Hall and Dining hall should be used.
7:15 a.m.	Breakfast. Must bring sunscreen, bug repellent, hats, or gear with you!
8:00 a.m.	Meet in front of dining hall and look for number of your learning group. A parent supervisor will be holding it up. Parents must take attendance before walking group to lesson area.
8:05 a.m.	10th Lesson in assigned learning group. Refer to learning group grid.
9:05 a.m.	Move to next lesson with parent supervisors.
9:15 a.m.	11th Lesson in assigned learning group. Refer to learning group grid.
10:15 a.m.	Move to next lesson with parent supervisors.
10:25 a.m.	12th Lesson in assigned learning group. Refer to learning group grid.
11:25 a.m.	Help staff pack up and carry lesson materials as directed.
11:30 a.m.	Lunch.
12:15 p.m.	Load buses; depart from Camp Canadensis.
2:30 p.m.	Arrive at school. Unload buses and stay outside while waiting for parents. Parents may pick up medications from the trip in the health office.
3:00 p.m.	All fifth graders and parent cars should depart from school so cars arriving for regular dismissal can be accommodated. Have a great weekend!!

**** Parents may drive their child home from camp. A sign out will be available Thursday evening and Friday morning. Parents MUST sign out any child who is not returning back to school by bus.**

THANK YOU FOR MAKING OUR TRIP TO CANADENSIS A GREAT ONE!!!

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LEARNING GROUP GRID

CAMP CANADENSIS

Date and Time	Low Ropes I	Low Ropes II	Outdoor Survival Skills	Sensory Trail	Canoeing	The Wall	Pond Study	Orienteering	Team Building	Forest Study	Kayaking	Fishing
Wed 12:20 to 1:20	A	L	K	J	I	H	G	F	E	D	C	B
Wed 1:30 to 2:30	B	A	L	K	J	I	H	G	F	E	D	C
Wed 2:40 to 3:40	C	B	A	L	K	J	I	H	G	F	E	D
Wed 3:50 to 4:50	D	C	B	A	L	K	J	I	H	G	F	E
Thur 8:55 to 9:55	E	D	C	B	A	L	K	J	I	H	G	F
Thur 10:05 to 11:05	F	E	D	C	B	A	L	K	J	I	H	G
Thur 1:15 to 2:15	G	F	E	D	C	B	A	L	K	J	I	H
Thur 2:25 to 3:25	H	G	F	E	D	C	B	A	L	K	J	I
Thur 3:35 to 4:35	I	H	G	F	E	D	C	B	A	L	K	J
Fri 8:05 to 9:05	J	I	H	G	F	E	D	C	B	A	L	K
Fri 9:15 to 10:15	K	J	I	H	G	F	E	D	C	B	A	L
Fri 10:25 to 11:25	L	K	J	I	H	G	F	E	D	C	B	A



RADNOR TOWNSHIP SCHOOL DISTRICT
Wayne, Pennsylvania 19087



Fifth Grade Environmental Education Trip to Camp

LESSON LOCATIONS

<u>Lesson</u>	<u>Sunny Day Location</u>	(Thundering & Lightning) <u>Rainy Day Location</u>
Sensory Trail	Sensory Trail near Cabin 4	Under the Pavilion
Pond Study	Along the lake to the right of the bridge	The Spectrum
Boating, Canoeing, Kayaking – 1st Lesson	On the beach	The Spectrum
Boating, Canoeing, Kayaking - 2nd Lesson	On the beach	The Spectrum
Low Ropes - 1st Lesson	Up the trail behind Rec. Hall	Rec. Hall
Low Ropes - 2nd Lesson	Up the trail behind Rec. Hall	Rec. Hall
Fishing/Ga-Ga	Waterfront in front of cabins 13, 14, 15, 16	Under the Pavilion
Forest Study	Cabin 53 near Spectrum	Cabin 53
The Wall	At the climbing wall	Gymnastics Center
Outdoor Survival Skills	Fine Arts Center	Fine Arts Center
Team Building/Group Init.	Field Across from Theatre	Fine Arts Center
Orienteering	Basketball Court behind Camp Office	Dining Hall



Radnor Township School District Menu

	Breakfast	Lunch	Dinner
WEDNESDAY		Plain Pizza	Grilled Chicken
		Pepperoni Pizza	Mashed Potatoes & Gravy
			Green Beans
			Stuffing
		Salad Bar	Salad Bar
		Dessert	Dessert
		Cold Drink	Cold Drink
		Coffee/Tea for Adults	Coffee/Tea for Adults
THURSDAY	Pancakes/Sausage	Hamburgers	Spaghetti & Meatballs
	Toast/Jelly/Margarine	Hot Dogs	Plain Marinara Sauce
	Syrup	Veggie Burgers	Garlic Bread
	Milk/Coffee/Tea	French Fries	Broccoli
	Fruit Juice		Dessert
	Assorted Cereals & Fruit	Salad Bar	Cold Drink
		Dessert	Coffee/Tea for Adults
		Cold Drink	
		Coffee/Tea for Adults	
FRIDAY	Scrambled Eggs	Grab and Go Lunch: <i>(Choice of Turkey, Ham, Veggie)</i> <i>Chips, Apple, Dessert, Water</i>	
	Potatoes/Bacon		
	Toast/Jelly/Margarine		
	Fruit Juice		
	Milk/Coffee/Tea		
	Assorted Cereals & Fruit		

CAMP CANADENSIS
FIFTH GRADE ENVIRONMENTAL EDUCATION TRIP



ROLES AND RESPONSIBILITIES OF PARENT SUPERVISORS

Arrival on Wednesday

Arrive at school at 7:45 a.m.
Assist staff members in loading buses.

Parent Transportation:

Try to carpool; leave before buses so you can drive your gear to your cabin and return your car to the parking lot before the buses arrive. **All cars must be parked in designated lot before buses arrive.** If you arrive after the buses, you will not be permitted onto the grounds until after the buses depart!

Upon arrival at Camp Canadensis:

Assist staff members with unloading of buses. Spread out luggage and bags so that children can easily identify their belongings.

Report to assigned cabin **before** children so that you can supervise bunk selections and unpacking. This is important so that there are no arguments about who sleeps on the top or bottom bunk. Suggest they switch from top to bottom on the second night if both want to sleep on top.

ONLY ONE CHILD MAY SLEEP IN A BED. PLEASE MAKE SURE TWO OR THREE CHILDREN DO NOT GATHER ON THE TOP OF ONE BUNK.

All must report to the dining hall promptly at 10:50 a.m. Children meet on the rear deck; adults meet inside the dining hall.

During All Meals:

Sit at assigned table with children from your cabin.
Select 2 children at each meal to clear tables of pitchers & condiments on a rotating basis.
Make sure that children that need to take medications before or after meals go to the Medical Cabin for medications.
Make sure children stay in their seats until they are called to the serving line. They may get up to get seconds.
Make sure there is no running, yelling, or shouting in dining hall.
Stay with your group until children are dismissed to report to the next lesson or activity.

During All Learning Group Lessons:

Make sure you arrive at lessons on time.
Assist the teacher with taking attendance; if a child is missing, report this to a principal, Mr. Tracy, Mr. Miller, or Mr. Nowak immediately.
Assist the teacher with lesson materials or activities as needed.
Make sure children are paying attention.
Assist children who are having difficulty following procedures or participating in activities.
Stay with your group at all times and walk them to the next lesson, to the dining hall or to the area of the camp where the cabins are located according to the schedule.



If a child has to go to the bathroom, an adult must accompany the child to his/her cabin, the Rec. Hall, Dining Hall, or nearest cabin. Children may not go into just any cabin to use the bathrooms unless an adult is with them.

During Cabin Time Before Dinner on Wednesday and Thursday:

- Parent/staff supervisors should periodically check attendance when children are supposed to be in or around their cabins.
- Make sure children wash up before dinner.
- Children may read or talk quietly. It should be a calm and quiet time.
- Children may sit outside of their cabins on the lawn in front of the cabins or on the steps of the cabin. There should be no running around the camp or loud and boisterous behavior in the cabins during this time.
- Walk your children to dinner five minutes before the scheduled dinner time.
- Parent/staff supervisors are responsible for maintaining good behavior in cabins at all times.
- Parent/staff supervisors are also responsible for advising children to wear appropriate clothing based on temperature and weather conditions.

During Recreation Time After Dinner on Wednesday and Thursday:

- Parent supervisors will be assigned to a recreation activity after dinner on either Wednesday or Thursday night as well as before lunch on Thursday afternoon. The other night they are welcome to do what they want - even take a nap on the beach. Sign-up for supervising rec. time activities will take place during mealtimes in the dining hall.

During Evening Activities in the Recreation Hall at 7:45 p.m. on Wednesday and Thursday:

- All parent and staff supervisors should report to the Recreation Hall at 7:45 p.m.
- At 7:45 p.m., the children will be given a snack. Parent/staff supervisors will be asked to assist with distribution of the snacks and supervise children as they eat their snacks in the Rec. Hall.
- Children will have the choice of playing games with music in the Rec. Hall or watching a movie in the theatre or playing Bingo in the Dining Hall on Wednesday and Thursday.
- We will need parent/staff volunteers to go to the movie theatre to supervise kids there and help with Bingo as well.
- Children are not permitted to run back and forth between the Rec. Hall, Dining Hall, and movie theatre.
- At 9:15 p.m., all parent/staff supervisors should organize their cabin groups around them and walk their groups back to the cabins. If children in your group need to take medication, make sure one adult walks them to the medical cabin and then back to their cabin.
- At 9:45 p.m., parents are responsible for ensuring that students are settled and quiet for the night. If parents need assistance, please report to the nurses' office.



In Cabins from 9:15 p.m. to 9:45 p.m. on Wednesday and Thursday:

- Parent/staff supervisors are responsible for maintaining good cabin behavior at all times.
- Children are permitted to take showers or wash up, or read until 9:45 p.m.
- Cabin supervisors may need to schedule showers if all children want to shower at night.
- No child is required to take a shower. This should be a quiet time in the cabins.
- All lights must be turned out by 9:45 p.m.
- No child may leave the cabin without an adult after 9:45 p.m.
- Before children go to bed, assist them in doing a "tick check" to make sure no ticks are on their bodies.
- If you have an emergency during the night, one of the adults in the cabin should seek help from a medical team member in the medical cabin which will be open all night. You should also alert one of the principals immediately. You will be made aware of their cabin numbers upon arrival at camp.
- If you have any difficulty with student behavior during the night, one of the parent supervisors should report to the nurses' office for assistance.
- During the night, night lights or the bathroom light may be left on if this makes the children more comfortable.
- If a child should get sick or have an accident during the night, please make sure you handle the situation with as much confidentiality as possible so that the child does not become embarrassed. Contact a principal if you need assistance.
- Laundry facilities are available in emergency situations. Notify a principal if you need assistance and he/she will take care of the situation when the children have gone to their first learning group activity. Please be as discreet as possible.

After Wake-Up Time on Thursday and Friday Mornings:

- On **Thursday morning**, make sure children straighten bunks and gear.
- All trash inside and outside of the cabins should be picked up and disposed of in trash receptacles.
- Children should remain in cabins until 5 minutes before breakfast when supervisors should walk them to the dining hall.
- This should be a quiet time with no loud or boisterous behavior.
- On **Friday**, cabins need to be packed up, cleaned, and inspected before breakfast.
- By 7:05 a.m., all luggage and gear should be brought to the bus loading area.
- Cabins should be cleaned beforehand. Bathrooms must be swept or mopped; sinks, toilets, showers, and floors should be left as you found them. Bunk areas must be swept and all trash in and around the cabins should be dumped in the trash receptacles.
- If weather is questionable, leave gear in cabins until time to load buses.



Departure on Friday:

- Report to bus loading area after lunch at 12:15 p.m.
- Assist staff with loading buses.
- Follow buses back to school.
- Assist staff with unloading of buses.
- All fifth graders and parents should depart from school no later than 3:00 p.m. to make room for dismissal of other children.

GENERAL NOTES

- Administer no medications (over the counter or prescription) to children. All medications must be administered by our school nurse or a member of our medical team.
- No children should keep medications in their luggage or on their person. All medications must be kept in the medical cabin.
- No children are permitted in cabins without an adult supervisor.
- No parent supervisor should administer any form of discipline to children who are not following camp rules. The situation should be brought to the attention of a teacher or a principal who will handle the situation.
- Adults should bring alarm clocks so that wake-up time is followed in each cabin.
- Adults are also permitted to bring cell phones, if necessary. Pay phones are available at all times. Do not allow children to use adult cell phones for any reason.
- Adults may also bring hair blowers and jewelry, although it is not advised.
- Adult supervisors will be made aware of any necessary health alert information that would be necessary to know on an "as needed" basis.
- All staff and parent supervisors must complete and turn in a medical emergency form to their school main office before leaving for camp.
- Camp Canadensis is a **NO SMOKING AND NO DRINKING** facility. There is no smoking permitted on the grounds or in cabins for fire safety reasons. If an adult must smoke, he/she must do so in his/her car and extinguish the cigarette in the car ashtray, not on the grounds of the camp.

MOST IMPORTANTLY, staff and parents are responsible for making sure that all children have an enjoyable, comfortable, and meaningful experience on this trip. Be alert for signs of home sickness or uneasiness during lessons, rec. times, in cabins or at meals. Alert one of the principals or school-based camp directors if you suspect a child is having difficulty adjusting to being away from home. Use your own parenting skills to make an uncomfortable child feel more at ease. Thank you for caring for our children during this wonderful trip to Canadensis!

**CAMP CANADENSIS****SCHEDULE****SHORTFORM****WEDNESDAY**

10:15 A.M.	Buses arrive at camp; take gear to cabins; unpack
10:50	Camp orientation on Dining Hall deck; parents' orientation in Dining Hall
11:20	Lunch
12:05 P.M.	Return to cabins for hats, sunscreen, etc.
12:10	Meet in front of Dining Hall in Learning Groups
12:20	1st <u>LESSON</u> (According to Learning Group Schedule)
1:20	MOVE TO NEXT LESSON
1:30	2nd <u>LESSON</u> (According to Learning Group Schedule)
2:30	MOVE TO NEXT LESSON
2:40	3rd <u>LESSON</u> (According to Learning Group Schedule)
3:40	MOVE TO NEXT LESSON
3:50	4th <u>LESSON</u> (According to Learning Group Schedule)
4:50	Cabin Time: wash up; quiet time/rest time; read chapter book
5:15	Dinner: Start out for Dining Hall at 5:10
6:15	Recreation Time (with parent supervision).
7:45	All report to Rec. Hall for snacks
8:00	Games with music OR movie OR Bingo
9:15	All report to cabins; lights out at 9:45 p.m.

THURSDAY

7:00 A.M.	Wake up
8:00	Breakfast: Start out for Dining Hall at 7:55
8:45	Return to cabins for hats, sunscreen, etc.
8:50	Meet in front of Dining Hall in Learning Groups
8:55	5th <u>LESSON</u> (According to Learning Group Schedule)
9:55	MOVE TO NEXT LESSON
10:05	6th <u>LESSON</u> (According to Learning Group Schedule)
11:05	Recreation Time (with parent supervision)
11:50	Report to cabins to wash up for lunch
12:10	Lunch: Start out for Dining Hall at 12:00
1:00	Return to cabins for hats, sunscreen, etc.
1:10	Meet in front of Dining Hall in Learning Groups
1:15	7th <u>LESSON</u> (According to Learning Group Schedule)
2:15	MOVE TO NEXT LESSON
2:25	8th <u>LESSON</u> (According to Learning Group Schedule)
3:25	MOVE TO NEXT LESSON
3:35	9th <u>LESSON</u> (According to Learning Group Schedule)
4:35	Cabin Time: wash up; quiet time/rest time; read chapter book
5:15	Dinner: Start out for Dining Hall at 5:10
6:15	Recreation Time (with parent supervision).
7:45	All report to the Rec. Hall for snacks
8:00	Games with music OR movie OR Bingo
9:15	All report to cabins. Lights out at 9:45 p.m.

FRIDAY

6:30 A.M.	Wake up, pack gear (except stuff needed for morning).
7:05	Take gear to bus loading area no later than 7:15.
7:15	Breakfast
8:00	Meet in front of Dining Hall in Learning Groups
8:05	10th <u>LESSON</u> (According to Learning Group Schedule)
9:05	MOVE TO NEXT LESSON
9:15	11th <u>LESSON</u> (According to Learning Group Schedule)
10:15	MOVE TO NEXT LESSON
10:25	12th <u>LESSON</u> (According to Learning Group Schedule)
11:25	Help carry lesson materials to bus loading area
	Return to cabins to wash up for lunch
	Load buses; depart from camp; arrive at school at 2:30