

## Resources for Radnor School District

### Tilt Parenting Resources

- [Free \(virtual\) Differently Wired Book Club](#) (begins Monday, April 24)
- [Tilt Parenting Podcast](#)
- [Differently Wired Club](#) (membership community)
- [Differently Wired 7-day Challenge](#) (free video series)
- [10 Things You Need to Know About Raising a Differently Wired Child](#) (free video series)
- [Tilt Parenting Roadmap](#) (free interactive PDF / resource)
- [Tilt Parenting online courses and masterclasses](#)

### Suggested Books:

- *Differently Wired: A Parents' Guide to Raising an Atypical Child with Confidence and Hope* (Deborah Reber)
- *Brain-Body Parenting: How to Stop Managing Behavior and Start Raising Joyful, Resilient Kids* (Dr. Mona Delahooke)
- *The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children* (Dr. Ross Greene)
- *The Power of Showing Up: How Parental Presence Shapes Who Our Kids Become and How Their Brains Get Wired* (Dr. Dan Siegel & Dr. Tina Payne Bryson)
- *The Whole Brain Child: 12 Revolutionary Strategies to Nurture Your Child's Developing Mind* (Dr. Dan Siegel & Dr. Tina Payne Bryson)
- *The Self-Driven Child: The Science and Sense of Giving Your Kids More Control Over Their Lives* (Dr. William Stixrud & Ned Johnson)
- *Self-Compassion: The Proven Power of Being Kind to Yourself* (Dr. Kristen Neff)
- *Finding the Magic in Middle School: Tapping Into the Power and Potential of the Middle School Years* (Chris Balme)

### Suggested Tilt Parenting Podcast Episodes:

- [Dr. Mona Delahooke on the Power of Brain-Body Parenting](#)
- [Chris Balme on Navigating the Tricky Middle School Years](#)
- [Dr. Lori Desautels on Rewiring Our Perceptions of Discipline](#)
- [How to Parent Angry and Explosive Children, with Dr. Ross Greene](#)
- [Executive Function Coach Seth Perler on Helping Kids Work Through Resistance](#)