



December 2019 Diving Calendar

Pancott Gymastics
284 Lancaster Ave
Malvern, PA 19355
610.647.9847

SUN	MON	TUE	WED	THU	FRI	SAT
01	02	03	04	05	06	07
<u>Front Dive Week</u> Pancott Gymastics 1-3pm \$15 per diver	Practice 5:30-6:30pm	Practice 5:30-6:30pm Swim/Dive Parent Meeting 7pm	Practice 7-8am	Practice 5:30-6:30pm	Practice 4-5:30pm	off
08	09	10	11	12	13	14
<u>Back Dive Week</u> Pancott Gymastics 1-3pm \$15 per diver	Practice 5:30-6:30pm Dive list due date for Bucknell meet	4pm @ Ridley	Practice 7-8am	4:15 vs. Conestoga	Practice 4-5:30pm	Kinney Invitational @ Bucknell 11 dive meet
15	16	17	18	19	20	21
<u>Inward Dive Week</u> Practice 11-Noon	Team Meeting 5pm Practice 5:30-6:30pm	TBA @ Haverford	Practice 7-8am	TBA vs. Harrition	Practice 4-5:30pm	Practice 2-4pm
22	23	24	25	26	27	28
<u>Twist Dive Week</u> off 	Practice 2-4pm	off	off 	TBD	TBD	off
Winter Break						
29	30	31	1/1	1/2		
<u>Reverse Dive Week</u> off 	off 	off	off 	Team Meeting 5pm Practice 5:30-6:30pm		



Swim & Dive Meet Procedures

@ means away – the bus will leave from the pool area promptly at 2:35

Vs. means home – warm-up begins at 3:15

Meet start times on the calendar indicate when the competition will begin, warm-up will be prior to that time.

All divers competing in an *away meet* must ride the bus. If you are not riding the bus back, a note must be provided **by your parent**. Notes can be hand written, emailed or sent via text. Notes must be provided **before** you leave.