



# 2019 GRYPHON VOLLEYBALL CLINIC



The Gryphon Volleyball Clinic is for girls in grades 4 to 8 who want to learn more and improve in the sport of volleyball in a developmental setting. Both individual skills and team connection will be the focus through drills and organized activities. The fundamentals of serving, passing, setting, hitting, and blocking will be covered along with defensive stance, postures and rolls. The program will consist of skill building sessions and clinics/scrimmage-style game play.

This program is led by Coach Tom Lowy. Coach Tom has nearly a lifetime of volleyball experience, both as a coach and player. He currently plays competitively at the elite and national level. His knowledge and enthusiasm for the sport is contagious!

Players must wear athletic shoes with traction as well as knee pads - you must provide your own. Please bring a water bottle, a volleyball if you have one, a hand towel and your imagination! We also recommend soft wrist bands for younger players who are still developing their bumping skills.

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## **LOCATION:**

*Radnor High School, 130 King  
of Prussia Road, Radnor PA*

## **DATES:**

*Saturdays, Jan. 5 to March 9  
(no program on 1/19 or 2/16)  
4:00 PM to 6:00 PM*

## **REGISTRATION**

## **INFORMATION:**

*Registration fee:  
Radnor Residents—\$120  
Non-Residents \$150  
Register online at  
[www.radnor.com/  
RecreationRegistration](http://www.radnor.com/RecreationRegistration)*

**Radnor Township Recreation and Community Programming Department  
301 Iven Avenue, Wayne PA | [www.radnor.com/recreation](http://www.radnor.com/recreation) | 610-688-5600**