

**Update on District Goal 4: Student Wellness Study
Scope of Study and Data Collection**

February 19, 2019



Background

For the 2018-2019 school year the RTSD Board of School Directors set a goal to study student wellness. The Wellness Study began in the Student Services Department and was then assigned to the Teaching and Learning Department under the supervision of Dr. Kelly Murray. When Dr. Murray left RTSD at the beginning of January 2019, Dr. Jim Kearney began supervising the study.

Through discussions and focus groups with community members in Fall 2018, the Wellness Study was divided into three focus areas. The people below are leading the inquiries into those areas.

- I. Social, Emotional & Behavioral Wellness
 - Dr. Dan Cane, Social-Emotional Learning Coach
 - Dr. Denny McKnight, Interim Administrator
- II. Physical Wellness
 - Dr. Doug Kent, RMS Assistant Principal and Supervisor of Health and Physical Education
- III. College and Career Capacity Wellness
 - Carolyn Reilly, DCIU School Counselor and Crisis and Response Team Leader

Scope of the Study

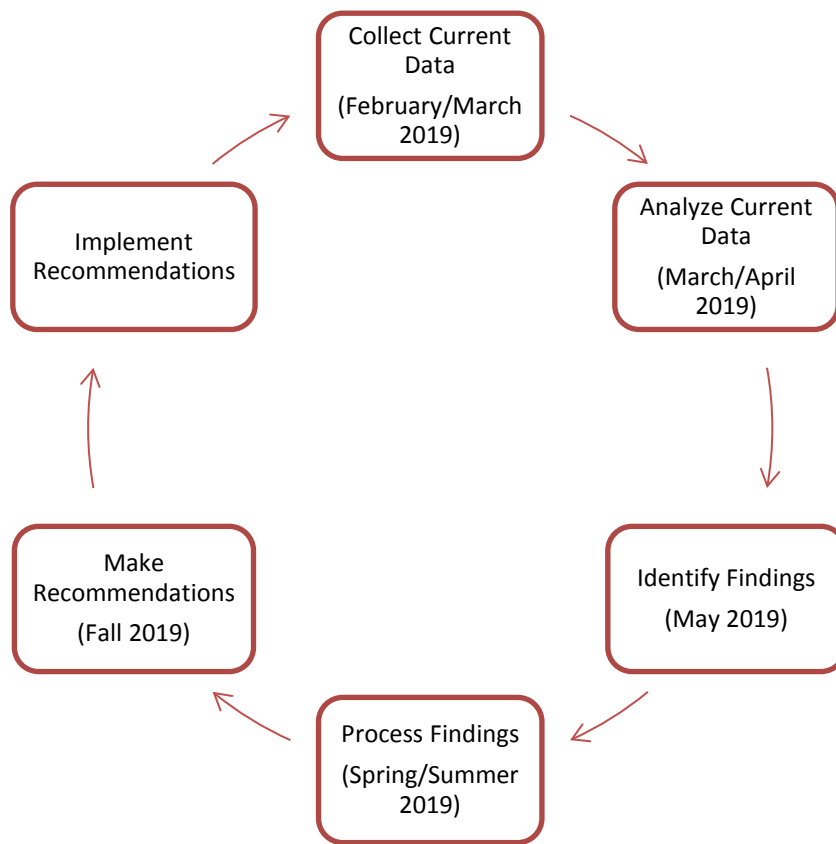
Each focus area of the Wellness Study is comprised of the specific topics outlined below. These topics will be considered through the lenses of prevention, identification, and response.

- I. Social, Emotional and Behavioral Wellness
 - a. Social and Emotional Learning (SEL)
 - i. School Climate
 - ii. Social-Emotional Learning Curriculum Infusion
 - b. Mental Health
 - c. Student Safety
 - i. Drug and Alcohol
 - ii. Violence Protection
 - iii. Crisis Responses
 - iv. Bullying
 - d. Discipline Practices and Behavioral Intervention
 - e. Homework
- II. Physical Wellness
 - a. Physical Education and Health
 - b. Nutrition
 - c. Athletics/Concussions
- III. College and Career Capacity Wellness
 - a. 339 Plan
 - b. Employability Skills
 - c. K-12 School Counseling

This study does not directly address all aspects of student wellness. There are topics of great importance that overlap and are being addressed by other studies and/or groups in Radnor Township School District. Specifically, the following aspects of student wellness are not included in this Wellness Study.

- I. Digital Safety
- II. Diversity and Equity
- III. School Safety and Security
- IV. Sleep and School Start Time

Wellness Study Cycle



Study Questions and Data Sources

Focus Area	Study Questions	Data Sources
Social, Emotional and Behavioral Wellness	<ol style="list-style-type: none"> 1. What is the status of RTSD approach to promoting student’s social, emotional, and behavioral wellness? 2. How effective are RTSD’s programs, practices, and policies at preventing, identifying and responding to student’s social, emotional and behavioral wellness issues? 3. To what extent do RTSD’s programs, practices and policies reflect current research and best practices? 	<ul style="list-style-type: none"> • RTSD Board Policy Review: 130, 218, 222, 232, 247, 249, 252, and 272 • PAYS Survey (2017) • Devereux Report (2013) implementation • SEL curriculum, programs and initiatives review • K-12 SEL interventions review • Teacher survey about SEL awareness and practices • Administrator inventory about SEL • SEL Implementation Audit Walkthroughs • Discipline procedures review • Student survey and focus groups about Homework • Research and Recommendations review
Physical Wellness	<ol style="list-style-type: none"> 1. What is the status of RTSD approach to promoting students’ physical wellness? 2. To what extent do RTSD programs, practices and policies pertaining to students’ physical wellness meet the requirements set by the PA Department of Education and RTSD School Board Policy? 3. To what extent does RTSD programs, practices and policies pertaining to students’ physical wellness reflect current research and best practices? 	<ul style="list-style-type: none"> • RTSD Board Policy Review: 240, 272, and 808 • Food Allergy Procedures by School • Health, PE, and FACS Curriculum Review • District Nutrition Guidelines • Free and Reduced Lunch/Breakfast • PE Requirements Review • Course/Lesson offerings on health • Opportunities for movement • Student participation rates in RTSD athletics • Concussion report to BCC (2018) • Concussion prevention measures • Research and Recommendations Review
College and Career Capacity Wellness	<ol style="list-style-type: none"> 1. To what extent are RTSD students prepared for college and careers after graduating? 2. To what extent is RTSD’s K-12 School Counseling Plan aligned to the requirements outlined by the PA Department of Education? 3. To what extent do RTSD programs, practices and policies pertaining to K-12 School Counseling and College and Career readiness reflect current research and best practices? 	<ul style="list-style-type: none"> • 339 Plan Compliance Review • National Student Clearinghouse Data • Graduation rates • AP Participation • K-12 School Counseling Audit (2015) Implementation review • Interviews with counselors • DCIU Contracted Responsibilities • Research and Recommendations Review