

RMS SAP TEAM MEMBERS

Dr. Lisa Marie Boschi – Psychologist

Dr. Christine Bryan (Main Office) – Assistant Principal

Dr. Dan Cane – Psychologist

Mr. Clyde Diehl (Guidance Suite) – Counselor

Ms. Ceire Evans – Social Worker

Mrs. Jennifer Fritz (Room 220) – Teacher

Mrs. Gail Furman (Room 407) – Teacher

Ms. Brittany Grzywacz (Room 144) - Teacher

Ms. Nadine Karel (Caron Foundation) – Liaison

Dr. Douglas Kent (Main Office) – Assistant Principal

Mrs. Amanda Lewis (Room 144) – Teacher

Mrs. Andrea McMenammin (Room 408) – Teacher

Mrs. Jennifer O’Shea (Merakey) – Liaison

Ms. Nicole Ottaviano (Guidance Suite) – Counselor

Mrs. Lauren Raines (Guidance Suite) - Counselor

Mrs. Karen Shoulberg (Room 408) – Teacher

Ms. Jamie Walkowiak (Guidance Suite) – Counselor

Dr. David Wiedlich (Main Office) - Principal

Ms. Olga Zografakis (Room 200) - Teacher

RADNOR

Student Assistance Program



Information for Students

Are You Having Problems?

The RMS SAP Team is here to help you. You can talk to any member of the RMS SAP Team. If you would rather talk to another teacher, counselor, or a family member, that is OK. They can tell a RMS SAP Team member.

Are You Worried About a Friend or Classmate?

Friends care about each other. If you have a friend who is feeling confused and unhappy, who has changed in a way you do not understand, or who is doing something that might be harmful, please do not try to handle it by yourself.

The RMS SAP Team can help students and their families. You are not alone. What you tell the RMS SAP Team member will be kept confidential. (Radnor Township School District, Wayne, PA 19087)

RADNOR Student Assistance Program

WHAT TO SAY

TO A TROUBLED FRIEND

- “I want to hear about what is bothering you.”
- “Let’s talk and figure out how to make things better.”
- “We can find someone who can help.”
- “Things are tough, but they can change. There are people to help.”
- “I would feel terrible if you hurt yourself.”

RMS SAP



WHAT NOT TO DO

WHEN A FRIEND IS TROUBLED

- Do not put your friend down.
- Do not lecture.
- Do not change the subject.
- Do not try to handle it alone.
- Do not suggest drugs or alcohol as a solution
- Do not let your friend make you promise not to tell anyone.