

# RMS SAP



Every day students are increasingly confronted with a variety of problems which interfere with their ability to succeed in school. Middle School students need to develop self-esteem as well as coping skills to deal with those problems. Emotional factors, such as depression or the use of drugs and alcohol, establish barriers to success in school.

Recognizing there are such “at risk” students at Radnor, the Radnor Township School District has developed a program that provides a means to identify students who are “at risk” and affords them appropriate resources to resolve their problems. One part of this commitment is a Student Assistance Program known as RMS SAP – Radnor Middle School Student Assistance Program.

## RMS SAP TEAM MEMBERS

- Dr. Lisa Marie Boschi – Psychologist  
Dr. Christine Bryan (Main Office) – Assistant Principal  
Dr. Dan Cane – Psychologist  
Mr. Clyde Diehl (Guidance Suite) – Counselor  
Ms. Ceire Evans – Social Worker  
Mrs. Jennifer Fritz (Rm. 220) – Teacher  
Mrs. Gail Furman (Rm. 407) – Teacher  
Ms. Brittany Grzywacz (Rm. 144) - Teacher  
Ms. Nadine Karel (Caron Found.) – Liaison  
Dr. Douglas Kent (Main Office) – Assistant Principal  
Mrs. Amanda Lewis (Rm. 144) – Teacher  
Mrs. Andrea McMenamain (Rm. 208) – Teacher  
Mrs. Jennifer O’Shea (Merakey) – Liaison  
Ms. Nicole Ottaviano (Guidance Suite) – Counselor  
Mrs. Lauren Raines (Guidance Suite) - Counselor  
Mrs. Karen Shoulberg (Rm. 408) – Teacher  
Ms. Jamie Walkowiak (Guidance Suite) – Counselor  
Dr. David Wiedlich (Main Office) - Principal  
Ms. Olga Zografakis (Rm. 200) - Teacher

# RADNOR

## Student Assistance Program



## Information For Parents and Faculty

# R.M.S.

Radnor Township School District  
Wayne, Pennsylvania 19087

## **The Student Assistance Program**

The Radnor Township School District has Student Assistance Teams in both the high school and middle school.

The purposes of the Student Assistance Program in the middle school are:

1. To identify students who are having problems in school because of low self-esteem or lack of coping skills, as well as the use and abuse of controlled substances, depression, and suicidal ideation.
2. To intervene, when appropriate, either by personal contact or by support groups.
3. To refer these students for appropriate help.

The Student Assistance Program is not a treatment program. It seeks to improve identification of students who exhibit forms of “at risk” behavior. It also provides for intervention by making referrals to appropriate agencies.

## **How Does a Student Become Involved With the RMS SAP Team?**

An “at risk” student may be referred to the RMS SAP Team in a variety of ways. The student may seek help from the RMS SAP Team directly. Family, friends, school staff, or any other concerned person may indicate to a team member that a problem may exist. When a student comes to the attention of the RMS SAP Team, the Team will gather information to determine the extent of the problem. Based on this information, a decision will be made regarding an appropriate course of action. This will be shared with the student and parents.

All referrals and other data collected by the RMS SAP Team regarding a student will be kept in strict confidence. All decisions will be made with the student’s best interest in mind. Every effort will be made to involve the student’s family in the decision-making process. Appropriate community-based agencies may also be consulted.

### **The RMS SAP Team will handle the following issues:**

1. Low self-esteem
2. Difficulty coping with problems
3. Known or suspected drug/alcohol use
4. Depression and/or suicidal ideation
5. Serious difficulty getting along with others

## **The RMS SAP Team**

The RMS SAP Team is comprised of teachers, administrators, counselors, a psychologist, a social worker, and the school nurse. Team members have undergone special training to work with these students. The RMS SAP Team provides the student and family with information and resources to help the student understand and resolve the problem.

School is the only institution that serves all students. Thus, the school staff has an opportunity to observe and identify students “at risk.” The RMS SAP Team serves as a resource for school staff and students’ families. The Team will provide personal contacts, support groups, and referral services for assessment and treatment programs within local community agencies. Below is a list of resources or referral services:

**NATIONAL MENTAL HEALTH ASSOC. ASSOCIATION**  
1-800-969-6642

**DRUG & ALCOHOL CLEARINGHOUSE**  
1-800-729-6686

**NATIONAL SUICIDE HOTLINE**  
1-800-SUICIDE or 1-800-273-TALK

**NATIONAL EATING DISORDER ASSOCIATION**  
1-800-931-2237